# My Morning Routine

| first | next | last |
|-------|------|------|
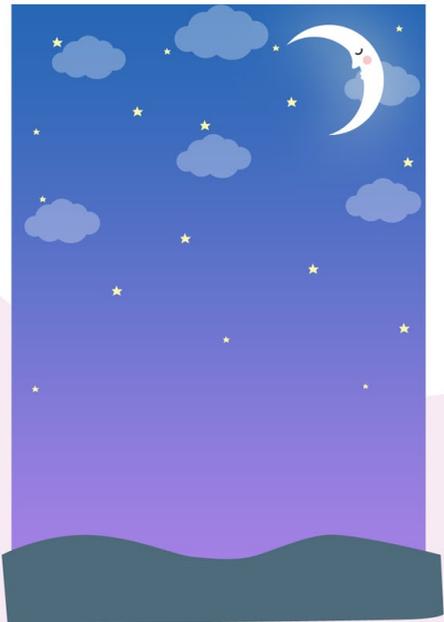
# My Night Time Routine

| first | next | last |
|-------|------|------|