

Copdock - Activity Week Timetable – 27.06.22-01.07.22

Day	Morning	Lunchtime	Afternoon	Equipment + other information
Monday 27.06.22	Bentley to travel to Copdock. In groups design dessert for Thursday dinner. Begin Commonwealth country research.	Copdock – packed lunch or school dinner	Swimming at First Strokes – 2x groups for 45 minutes each, travel by minibus/car. Design water safety leaflet.	Swimming costume, towel, swimming hat; bring sun hat, sun cream + drinks.
Tuesday 28.06.22	Bentley to travel to Copdock. Den building. Continue with Commonwealth country research. One person from each group to go to Tesco to buy ingredients for Thursday.	Copdock – packed lunch or school dinner	Sports at Copdock – team games led by Joe White.	Wear clothes suitable for playing sports – shorts/leggings + T-shirt; wear trainers; bring sun hat, sun cream + drinks.
Wednesday 29.06.22	Skateboarding/scootering at Copdock. 9-9.45am Foxes 10.00-10.45am Squirrels 11-11.45am Hedgehogs Design Commonwealth activity for others to play.	Copdock - packed lunch	Travel to Alton Water in minibus/car. Sailing at Alton Water. Skateboarding/scootering at Copdock 1.30-2.15pm Adders 2.15-3.00pm Woodpeckers Parents to collect from Alton Water at 3pm	Swimming costume, towel; bring sun hat, sun cream + drinks; packed lunch needed; wear clothes suitable for skateboarding.
Thursday 30.06.22	Travel to Belstead in minibus/car. Walk from Belstead to Bentley.	All need packed lunch	Prepare dinner and dessert. Games, water fight, campfire. Return by mini bus to Copdock. Film before sleepover.	Change of clothes for woodland activities (and water fight); change of clothes for Friday morning; toiletries – toothbrush, toothpaste etc; pyjamas; sleeping bag and pillow; teddy bear for cuddling at night; water gun (if wanted); · any medication (handed to the teacher on arrival and detailed on form); packed lunch; clothes suitable for walking; wear trainers; bring sun hat, sun cream + drinks.
Friday 01.07.22	Bentley to travel to Copdock in minibus/car. Handball with NCFC. 9.15-10.30am Foxes and Adders 10.45-11.45am Woodpeckers	Copdock – school dinner	Reflections about the whole week for Learning Journeys. NCFC to Bentley	Wear clothes suitable for playing sports – shorts/leggings + T-shirt; wear trainers; bring sun hat, sun cream + drinks.