

**The Daily Mile Twilight Wave**

**6.30pm Friday 18th July 2025**

***Dear parent/guardian,***

We are delighted to announce that we have a few remaining **FREE** places in this years ‘Daily Mile’ wave of the Ipswich Twilight race.

Your child’s school has been selected for **FREE ENTRY** as they are currently signed up and committed to delivering The Daily Mile, supporting children to live healthy and active lives.

The Daily Mile Wave is a 2K run around Ipswich town centre, details of the event and route can be found at: [www.ipswichtwilightraces.com](http://www.ipswichtwilightraces.com/)

**To register your child/children click the link below, enter the code DM2025 and complete the entry form:**

[Twilight – Daily Mile Entry](https://my.raceresult.com/324098/registration)

Each child will receive a bottle of water, a medal and a FREE Daily Mile running shirt!

Please note, children must be 4 and over on the day to be able to compete. All children aged 8 and under will need a responsible adult to run with them.

We can’t WAIT to see you all there!