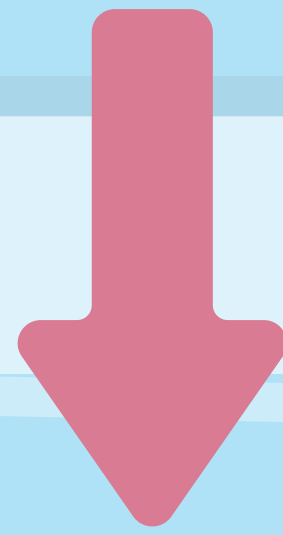


# Pants Down, Please!

Show your little one how to pull their pants down all by themselves. Make it a fun game!



# Take a Seat!

Encourage them to sit on the toilet. Use a potty seat if needed to make them feel secure.



# Relax & go!

Help them feel comfortable. A distraction box with books or toys can make the process easier.



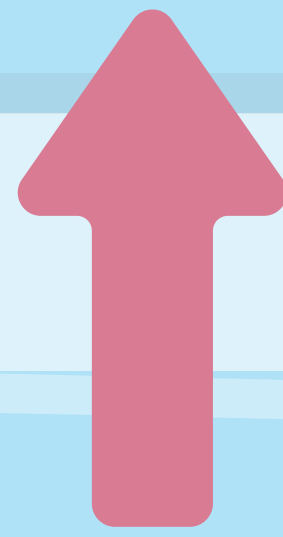
## Wipe, Wipe, Hooray!

Show them how to wipe properly — especially for girls, always front to back!



# Pants up, Superstar!

Practice pulling pants up. Give a little cheer when they do it!



# Flush Away!

Teach them how to flush the toilet. Celebrate with a happy dance!





# Wash, Wash, Wash

Get them to wash hands with soap while singing a fun 20-second song.



## Dry Those Hands!

Teach them to dry hands properly using a towel or dryer.



# Hooray! You Did It!

Reward success with a sticker, high-five, or small prize. Positive reinforcement is key!



## Don't Forget!

Reassure them if they need to go to the toilet, it is ok to ask the teacher!