

## Newsletter



ADHD course for Teachers, Parents and Related Professionals

Now available as distance learning...

Complete in your own time!

All sessions booked & delivered online via facefamilyadvice.co.uk

Tuesday 11 June

19:00 - 21:00 £24



Introduction to OCD

ObsessiveCompulsive Disorder

Looking at the complexity of this serious condition.

Monday 17 June

19:00 - 21:00 £24



## **Improving Family Communication**

How to reduce the shouting and arguing and start the talking.

Thursday 20 June

19:00 - 21:00 £24



## **Supporting a Child with ADHD**

Challenging the stereo types and explaining how this condition impacts on the child and giving ideas on how we can support them.

Thursday 27 June

19:00 - 21:00 **FREE** 



## **Supporting Healthy Sleep**

Coping with insomnia, screen damage, neurodiversity dysregulation.

facefamilyadvice.co.uk.

info@facefamilyadvice.co.uk