

May 2024 Newsletter



CPD training for anyone who works with children or teenagers.

National Standards CPD accredited sessions

All sessions booked & delivered online via facefamilyadvice.co.uk

Thursday 2 May

19:00 - 21:00 £24



Anxiety Explained

Anxiety, especially in our young is rising. This session explains what it is, why it happens and how you can help.

Monday 13 May

19:00 - 21:00 £24



Autism: Improving Communication

Small changes can lead to huge improvements with your ability to communicate with someone on the spectrum.

Monday 20 May

19:00 - 21:00 £24



Understanding the Teenage Brain

Improve your understanding and communication with your teen. Why they think, feel and behave very differently from adults.

Tuesday 21 May

19:00 - 21:00 £24



Raising Self-Esteem

How to support healthy self-esteem in your children and yourself. Easy to apply interventions shared.

facefamilyadvice.co.uk.

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