

 CASTLE COACHING  
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# CASTLE COACHING

PRESENTS



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USE CODE SCHOOL15 FOR 15% DISCOUNT WHEN BOOKING

**HIGH QUALITY COACHING, AFFORDABLE PRICES**

## SUFFOLK

31ST JULY **FRAMLINGHAM**  
 1ST AUG **FRAMLINGHAM**  
 2ND AUG **LEISTON**  
 3RD AUG **LEISTON**  
 4TH AUG **IPSWICH**

## TOUR DATES

FOOTBALL  
 RUGBY  
 FOOTBALL  
 RUGBY  
 FOOTBALL + RUGBY

## HERTFORDSHIRE

**BALDOCK** 14TH AUG  
**BALDOCK** 15TH AUG  
**STEVENAGE** 16TH AUG  
**STEVENAGE** 17TH AUG  
**CAMBRIDGE** 18TH AUG

**BOOK NOW AT [WWW.CASTLE-COACHING.CO.UK/SUMMERTOUR](http://WWW.CASTLE-COACHING.CO.UK/SUMMERTOUR)**  
**[CASTLECOACHINGLTD@GMAIL.COM](mailto:CASTLECOACHINGLTD@GMAIL.COM)**

We are very excited to announce our very first Football and Rugby Summer Tour for girls and boys aged 5\* -11! Throughout our tour we will be travelling to 6 different locations in 2 weeks to provide high quality training pop-up days to children in Suffolk and Hertfordshire that have an interest in either Football or Rugby before permanently expanding to some of these locations from Septemeber.

Our sessions will be divided into two age groups, our minis (ages 5-7) and our juniors (ages 8-11) to ensure our students get high-quality and age appropriate training eg. tag rugby for minis and introduction to contact in juniors.

Our tour is suitable for both children that have never played the sports and wish to try out something new, and children who already train and wish to come and see what Castle Coaching is all about! We can't wait to get started and look forward to seeing you all there!

\*We accept 4 year olds turning 5