## One Life Suffolk

Families & Young people

## Activity Day

Virtual

Saturday 28th November 10am - 3pm Via Zoom

Evening sessions are also available: Tuesday 24th - Friday 27th November, 5pm - 6pm



A free, fun and interactive virtual event that the whole family can enjoy!

Activities include yoga, a cookery session, dancing, a picnic and more!



All families welcome - book your place today! <u>https://linktr.ee/OneLifeSuffolkFYP</u>

