

Home learning during school closure or self-isolation – Y3/4 Sport

Week Beginning: 8.6.20

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	Monday	Tuesday	Wednesday	Thursday	Friday
Maths (Make sure you spend some time on Times Table Rockstars each day)	Calendar – Find a calendar, or diary at home or look at https://www.timeanddate.com/calendar/. Spend time exploring it. Sort the months into groups, by the number of days in each month, for both a year and a leap year. Can you use the groups to compare - What is the same and what is different? When is your birthday? What other significant dates are there during the year? Are they the same every year? Which month changes when there is a leap year? Are there any other months that change length? Is this year a leap year? When will the next one be? When was the last one? How many days in a year? Write your answers in your orange booklets or paper. Days in the month Rap – Watch the video to learn about how many days are in each month. https://www.youtube.com/watch?time continue=30&v=bRU03b5Rt3s&feat ure=emb_logo	the PowerPoint and Varied documents you need. Work through the PowerP the Varied Fluency and W Reasoning in your orange You may want to begin at work through to the deepe to challenge yourself. The the sheets.	oint: Tuesday complete ednesday complete booklets or on paper. the developing stage and ening activities if you wish answers are at the end of	Seconds, Minutes and Hours - Watch the video to learn about seconds, minutes and hours. https://www.youtube.com/watch?v=gEStq1e1Qrc Complete the questions below in your orange books or paper. What activity might last one hour/minute/second? How many minutes are there in an hour? How can we use a clock face to check? How could we count the minutes? How many seconds are there in one minute? What could we use to check? One hour = minutes. One minute = seconds. Two hours = minutes. Three minutes = seconds. Half an hour = minutes minutes = 240 seconds Can you now find activities during your day that last an hour, one minute, one second?	Looking at time (Wednesday 20 th May) — watch the video and complete the task underneath in blue in your orange book or a piece of paper or go to Monday's blog and you will find the task attached. http://www.iseemaths.com/lessons34/
Writing	Using the Talk4Writing link complete the activities on pgs.16-18 Plan you story-https://www.talk4writing.co.uk/wp-content/uploads/2020/04/Y4-Unit.pdf	Using the Talk4Writing link complete the activities on pgs.19-20 Write your story-https://www.talk4writing.co.uk/wp-content/uploads/2020/04/Y4-Unit.pdf	Using the Talk4Writing link complete the activities on pgs.20-22 Write your story-https://www.talk4writing.co.uk/wp-content/uploads/2020/04/Y4-Unit.pdf	Using the Talk4Writing link complete the activities on pg 23- Edit and improve your story- https://www.talk4writing.co.uk/wp- content/uploads/2020/04/Y4- Unit.pdf	Using the Talk4Writing link complete the activities on pgs.23-24- Publish your story and create a 6 page bookhttps://www.talk4writing.co.uk/wp-content/uploads/2020/04/Y4-Unit.pdf

Reading	Take some time today to read for enjoyment- perhaps in the garden for a change. Or complete some reading comprehension activities - here are some all about British female athletes.	Visit Worldbookonline eBooks tab using Username: wbsupport and Password: distancelearn. Search for the title Play Sports! and read the eBook. Try to complete the activities at the back of the book too.	Research and read online about The Olympics. Which sport/s would you like to try? Why? Write 10 facts about The Olympics.	Listen to these BBC children's sport podcasts. Or look through newspapers/ magazines and list all of the sporting vocabulary you find.	Read this extract from Quiz Whiz Sport. Try to answer the questions on each page and record these in full sentences.
Spellings (Make sure you spend some time on Spelling Shed each day)	Choose 5 sporting activities you are unsure of how to spell and practise them. Can you now apply these words into sentences?	Alphabetical order: List each letter of the alphabet and try to think of a sport related word that corresponds with each letter.	Practise spelling your weekly words that are on Monday's daily blog.	Rainbow words. Choose 5 Common Exception words and choose different colours to write each letter and create rainbow words.	Proofread writing tasks from this week. Use a dictionary to check any spellings that you're unsure of using the first 2/3 letters of the word.
Topic Music PSHE Art	Our Sport Heroes- How many famous sports people can you name? Choose a sports person and research online about them. Can you find out how and when they started their career, or any other interesting facts about them? Create a timeline that details all the achievements of your sporting hero.	What is your favourite sport? - design a poster encouraging others to take part your chosen sport. How would you persuade others to join in. What type of persuasive words can you use? How can you make your poster stand out?	Super Movers! - Take part in this football themed Super Movers! There are two levels - Super Movers are a great way to keep active and have fun! Try Go Noodle and dance along to one of their routines - there's plenty to choose from and the whole family can join in!	Powerful Paralympians - You could explore diversity in sport. Find out about the Paralympic games and famous paralympians such as Ellie Simmonds. How have these people overcome challenges to represent their country in their chosen sport? Write a letter/email to a chosen athlete and ask them questions about their sporting journey. Or draw a detailed sketch of the athlete during a winning moment.	Travel to Tokyo Home Learning The Tokyo 2020 Games may not be happening this year but you can still get active. On the link below you will find a range of activities to do indoors or in your garden with your family, have fun! https://www.getset.co.uk/res ources/travel-to-tokyo/indoor- activity

PE links: Make sure throughout the day you get fresh air and you are physically active every day for at least 60 minutes. You can do this by:

- ❖ PE with Joe Wicks every morning at 9am https://www.youtube.com/user/thebodycoach1
- ❖ Go Noodle, lots of fun dance resources https://www.gonoodle.com/
- Youth Sport Trust have a range of resources to keep you active that you can access for free:
- Activity cards www.youthsporttrust.org/pe-home-learning
- Active breaks www.youthsporttrust.org/active-breaks
- ❖ 60 second challenge physical activity cards www.youthsporttrust.org/60-second-physical-activity-challenges
- Cosmic Yoga www.cosmickids.com/category/watch/ and use your print out of yoga moves.
- Create a circuit in your garden or in a large space using the ideas given to you in your printed pack before half term

