

## Home learning during school closure or self-isolation – Y5/6



Week Beginning: 8.6.20 Theme: Sport

	Monday	Tuesday	Wednesday	Thursday	Friday	
Maths	Stick with Maths activities. Work through the booklet and see how many activities you can complete over two days. Download the booklet and guide on Monday's blog.		Match the Matches activity. Click here for the problem. If you are unsure of what mode and mean are, use this online maths dictionary.	Maths Challenge 3. Click here to access today's maths. See how many you can complete in 60 minutes. The answers can be found at the end of the problems.	Maths Challenge 4. Click here to access today's maths. See how many you can complete in 60 minutes. The answers can be found at the end of the problems.	
Reading	Here is a reading comprehension activity about circus performers. Read the text and complete the questions.	Read the extract 'Sportopedia'. Choose one of the sports to write a summary including as much key information as possible.	Listen to and read along with <u>Arundel Swimming Pool</u> . Summarise each verse using one word only.	The Game: Download the resource. Read the story on pages 4-7. Complete the comprehension on pages 11-13.		
Writing			Using The Game resource, complete the activity 'Write Away' on pages 16-20. We will finish the activities next week.			
Spellings/ Vocabulary/ Grammar	Can you list sport related noun phrases and verbs that correspond with each letter of the alphabet?	Unscramble these sporting words: queenmipt, poicmlys, tannidmob, cagminssty & pochmashpini.	Create your own sporting wordsearch. This could include the names of athletes, sports or sporting equipment.			
Topic Music PSHE Art	PSHE: Dealing With Change - Complete the activities by downloading the document on today's blog.	Olympic Genius: Research about the Olympic and Paralympic Games using the resource at the bottom of Tuesday's blog and website about the Paralympics. See how many different facts you can find out. This website has some really interesting facts too. Create your own sporting trivia quiz which you can test out on members of your family. You could also plot some of the significant dates onto a timeline.		Sporting Heroes: Select your favourite sporting star. Draw a portrait of them in the style of the famous pop artist Roy Lichtenstein using felt tip pens or paint.	Heart Beaters Can you tickle yourself? How many litres of blood do you have in your body? How many times does your heart beat in a day? Test your family with a body trivia quiz. Create your own cards or download some from here or today's blog.	

**PE links:** Make sure throughout the day you get fresh air and you are physically active every day for at least 60 minutes. You can do this by:

- ❖ PE with Joe Wicks every morning at 9am <a href="https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ">www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ</a>
- ❖ Go Noodle, lots of fun dance resources <a href="https://www.gonoodle.com/">https://www.gonoodle.com/</a>
- ❖ Youth Sport Trust have a range of resources to keep you active that you can access for free:
- Activity cards www.youthsporttrust.org/pe-home-learning
- ❖ Active breaks www.youthsporttrust.org/active-breaks
- 60 second challenge physical activity cards <a href="https://www.youthsporttrust.org/60-second-physical-activity-challenges">www.youthsporttrust.org/60-second-physical-activity-challenges</a>
- Cosmic Yoga www.cosmickids.com/category/watch/ and use your print out of yoga moves.
- Create a circuit in your garden or in a large space using the ideas given to you in your printed pack before half term.



https://www.thenational.academy/assembly

https://www.stalbans.anglican.org/schools/worship-at-home/

