**School newsletter / website copy**

**Shake Up your summer with Disney, Pixar and Marvel!**

At **Copdock Primary School** we have been getting moving with some of our favourite characters from Disney Frozen, Disney and Pixar Toy Story and Marvel’s The Avengers!

We have been inspired to defend like Black Panther, play freeze tag with Anna, and travel ‘to infinity and beyond’ like Buzz Lightyear! And now it’s your turn to join in the fun – why not ask your child to teach you a Shake Up they have learned, or one they have made up for their favourite character? Search ‘10 Minute Shake Up’ for lots more exciting Disney, Pixar and Marvel games to keep your family active and entertained all summer long and beyond, whether it’s in the garden, at the park, or even indoors on a rainy day – with new family games launching in early July.

**Social media copy**

Looking for fun ways to get your kids moving this summer? We've been using the new Disney, Pixar and Marvel themed 10 Minute Shake Up games in school, so why not ask them to teach you one? Then search ‘10 Minute Shake Up’ for lots more exciting game ideas!